



[RunKenRun.org](http://RunKenRun.org)

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## 1,800 Mile Run for Families in Recovery Passing Through Your Region

We are excited to announce a remarkable event that will be traveling through your region, and we would like to extend an invitation to your organization and supporters to participate.

On Friday, September 20, Kenneth Anderlitch will embark on an inspiring journey, running from Washington, D.C. to San Antonio, TX to raise awareness and funds for a cause that is deeply personal to him. At the age of 19, Kenneth tragically lost his mother to a drug overdose and subsequently struggled with substance use, often finding himself without a home. Today, Kenneth celebrates eight years of sobriety and is a dedicated employee at Haven for Hope, San Antonio's largest homeless shelter.

The run will take approximately six weeks and Kenneth's goal is 35 miles/day. He will be running through a total of six states and your community is on the route!

Kenneth's run aims to spotlight a vital new program, Families in Recovery, a collaboration of three nonprofit organizations in San Antonio, Texas; Lifetime Recovery, Haven for Hope, and Pay It Forward SA. This program will support parents and guardians in substance use disorder residential treatment while allowing them to remain with their children. This innovative program promises to create stronger families and healthier communities, and we believe your organization's involvement could help spotlight the need for such programs.

**We are inviting your organization to join us in supporting Kenneth's journey and the cause it represents.** This event will not only provide a platform to promote your valuable work but also offer an opportunity to connect with other organizations and individuals who share a commitment to supporting families in recovery.

We invite you to join us in this effort by:

1. **Sharing Ken's story & DC to SA Run** on your social media platforms, websites, and newsletters. Visit [www.runkenrun.org](http://www.runkenrun.org) and the following social media pages: Facebook: @runkenrun; and Instagram: @runkenrunsa
2. **Offering support** to Ken as he runs through your area (exact TBD).
3. **Inviting supporters to join** the run through your area to show solidarity and support for the cause.

Please note we are also open to any other efforts you may find meaningful. If you are interested in participating or would like more information, please contact us at [Your Contact Information]. We look forward to the possibility of working together to support families and raise awareness for mental health and substance use disorder programs.

